

BASIC SIGN LANGUAGE FOR HIV/AIDS COUNSEI



- Communicate in a well-lit and quiet environment
- with few visual and auditory distractions.
 Begin the conversation by getting the person's attention. Wave hands or use other visual signals like turning lights on and off.
- Maintain eye contact.

 Avoid standing in front of bright lights or windows.
- Make sure your face and mouth are clearly visible. Do not eat or in any way cover your mouth.
- Speak clearly at a normal pace, avoiding exaggerated lip movements or shouting.
 Use facial expressions and gestures to help clarify your message. Point to appropriate objects or use visual aids.
 Introduce one idea or fact at a time.

- Only one person should talk at a time in a group situation.

 Rephrase your message if the person does not understand you.



COUNSELLING